

New Flowers Essences 2003

Astrophytum ornatum (Yellow) - **Understanding Relationship**

This flower essence appears to have the property to stimulate multiple levels of thought in an individual, this to allow them to relate to multiple ways of understanding relationship, examining the issues of aloneness, separateness, and togetherness. This can be helpful as people begin to awaken to relationship in community, in groups larger than the individual family. People may come to understand each other better with this flower essence, as they discover the influence behind mutual attraction based on genetic influence of physical type and early childhood upbringing and environmental factors. But in addition to this is a vibrational recognition from one cellular structure to another. In making this clearer and opening up to more common roots, people may come to understand each other better with this flower essence, as it opens up various levels of thought not previously available. Sometimes this essence can overstimulate some of the mental faculties. It is wise here in using it as an essence to make a deliberate attempt to quiet the mind, and then to imagine that energy is pouring through the mind in all directions, through the brain, through the head, as light, as colored energy of light pouring out in all directions, forward, backward, up, down, and then if you have capacity to imagine this, forward and backward in time as well. Such a visualization can assist in the individual in picking up and understanding some of the thought forms shared from many other beings that that person is close to. It is also noted that various psychic abilities are likely to be stimulated here. This can include remote viewing or remote healing by means of such as a visualization of a ball of light, creation of energy connection to plants, animals, or other people, and the ability to perceive certain areas of thought that the individual had no previous access to. Individuals with whom Mercury figure prominently in their chart can especially benefit from this essence.

Christmas Cactus (Schlumbergera Bridgesii) - **Intimacy**

Christmas cactus has ability to heal areas in consciousness where individuals have resisted intimacy, deeper acceptance of their own inner fears, various ways in which they are in denial about their own frailties, areas of delicacy or difficulty.

This energy will typically relate to sexuality; sometimes these energies will be those that the individual has repressed, most likely with males. With females this can often lead to an awareness of deeply buried abuse issues, not only from this life but from past lives, with the opportunity for Christmas cactus flower essence to bring up these energies consciously and release them. As one is able to accept or love through one's own self-discovered inadequacies, the individual will then find this deeper healing in connection to a much larger group, an energy associated with a deep sense of welcoming, loving, as if somehow you know that in spite of how you have seen yourself or judged yourself in the past, or imagine that you were judged by others, you are loved, you are welcomed in the larger community of spiritual beings. You are then seen in your perfection as lovable, even with weaknesses or aspects that you would self-judge.

Echinacea(E. purpurea) - Overcoming Resistance

Echinacea elixir allows the natural higher functioning of the immune system to be known. The flower essence shifts one's perception of illness as an enemy to be resisted and feared, by creating a new energy of gratitude to the situation of disease or difficulty. This essence will allow a new point of view that rapidly changes how you perceive something that has been a struggle for you. Usage can energize the mental body and open a greater receptivity to new ideas. But deeper than this is simply the ability to welcome change; in welcoming change, one helps others to change. You cannot develop psychically without radical change. Echinacea makes it easier to accept new changes, new abilities, and new ways of seeing things--then the changes you undergo become more acceptable to yourself and to society.

Evening Primrose (Oenothera Missouriensis] - Healing and Integration

Evening Primrose appears to have the capacity to increase many energies associated with the heart chakra, and the capacity of the individual to coordinate and integrate various energies of love. The ability of this essence to encourage healing is profound. By increasing causal body information, this flower encourages the process of seeing the larger perspective, gently drawing individuals to see the issues, blocking belief patterns and thought forms that need to be integrated and healed. This flower works wonderfully when used in a series

with emerald and Fomalhaut elixirs for breaking apart and releasing old belief patterns. Use the flower, then the star elixir, then the gem and repeat.

Ferocactus latispinus - Spiritual Healing

This flower essence of this cactus appears to have an important ability in stimulating people's connection to their highest possible reality, their highest possible good, and this to be translated through their own being and somehow allowed out into the world. The ultimate karmic purpose of the cactus is to remind people of this ability to manifest energy, pouring not only in their own imagination infinitely upwards, but also as if symbolically connecting to the highest possible vibration. This can be especially stimulating for the crown chakra, and this can be helpful for development of pineal gland and some psychic abilities, in particular certain higher channeling states and ability to transform higher God-information into areas that are practical or easily transmissible by human language concepts. In addition there is some stimulation of the seventh, eighth, and ninth chakras, a bringing through of new forms of spiritual information, and an ability to provide some form of spiritual healing.

Forsythia - Abundance

The Forsythia elixir has the capacity to energize many aspects of the loving nature in people, bringing them to more easily accept this in themselves. Sometimes this will make it easier to tolerate and accept others; to really see people of completely different cultural, ethnic, religious, even class backgrounds, and be able to more easily love them. The emotional body is significantly cleansed with Forsythia, especially where it is connected to any other person, and most people will find themselves more energized. Use of this flower helps one to see abundance in all things, let go of the concepts of short supply, and recognize abundance in oneself and in others.

Houseleek (Hens and Chickens) (Sempervivum tectorum) - Wisdom

There is an important characteristic of the aetheric to physical connection that relates to one's development of belief patterns, consciousness, and lessons learned, which eventually gives rise to wisdom. Houseleek as a flower essence

helps to confer a sense of wisdom, particularly with experience and age. This plant is also called "Old Man and Woman". This plant has ways of giving you the sense of age-old wisdom, awareness of the many aspects of life experience, along with the understanding and balance of both male and female energies as one matures. Houseleek can awaken a deeper appreciation and ability to work with these energies, and strengthen the aetheric body for the aging process.

Hydrangea - (Hydrangea macrophylla) - **Chakra Awareness**

One of the most interesting features of hydrangea is the stem bark, which forms seven thin layers of different colors. Indians have utilized this capacity, Cherokee in particular, because of the awareness of this relating to the seven energy centers in the physical body. The hydrangea essence works in many ways to combine energies of the chakras, allowing them to inter-commingle and transmit energy through their various components in very useful ways for people. It is almost as if they are more able to visualize the chakras, particularly those occurring in the physical body, and thus oversee and govern the transmission of energy between them. This can be extremely helpful for healers who are seeking to awaken chakras in individuals. Or this can be extremely helpful for individuals seeking to bring new energy from one chakra to another where one is at a lower level of function than others. This has the ability to also produce protective energies, somewhat like garlic, and may work well with garlic flower essence in reducing insect infestation or insects bothering or hurting people. □

Lovage (Levisticum officinale) - **Divine Feminine**

This essence has the ability to stir the heart, bringing a sense of deeper attunement to the inner divine feminine; the awareness of the loving component of this as a beautiful caring energy. However, this is distinct from other important feminine aspects, those that are sexual, seductive, maternal or working with the divine mother energy. Instead, these energies allow individuals to attune to an awareness of love on many levels, and foster a willingness to play with it, enjoy it, and find a sense of joy with the love that they know. At the highest vibrational level, there is an increased understanding of the divine feminine God principle, awareness of receptivity on many levels, and a deeper awareness of the healing powers of sensitivity. Sometimes this energy can be helpful with

individuals who are seeking to re-stimulate various fine sensory functions lost during their childhood, like taste, smell, and so on.

Mountain Ash [European Mountain Ash, Rowan, Quickbeam] (*Sorbus Aucuparia*) -

Appreciation

This elixir can bring all individuals a much deeper appreciation for themselves, life, and the sweetness and understanding of life. It tends to allow a sense of wonderful sweetness, with a deepened capacity for connectivity between many species, which can allow individuals a greater degree of love, on many levels, between each other. It can be particularly helpful as a flower essence in easing tensions of an interracial nature, by allowing interracial marriage or marriage that spans generations. Various other differences can also be more easily resolved. In addition, there can be with this plant, a development of love to a much higher, finer degree in which one begins to appreciate differences at a powerful level. This deeper appreciation allows the individual far more energy and greater inner strength. This is very important in the healing process associated with the pancreas. Mountain Ash will usually give, with repeated use, a higher spiritual perspective on many aspects of life.

Mountain Mahogany (*Cercocarpus montanus*) - **Coming Home**

This plant has the capacity as a flower essence to increase various levels of intelligence in people, open the potential to shift their priorities, and awaken a deeper sense of purpose across lifetimes. Additionally, an awareness of other matters of importance for the survival of humanity may also be increased. Group consciousness is gradually shifted as one becomes more aware of their place in the group, as well as the capacity that they may have for working with others and sharing energy. This energy sharing can move in many different arenas. One can gain an awareness of a spiritual reality in which a sense of unity will come to many people, as if they are part of a much larger cosmic whole; as if their training, attunement or connection is to eventually be part of a larger group than they are fully aware in this life. This is important not just for sense of purpose, but something much larger; it is the sense of belonging to a group or of being home, without a sense of territory. Use this flower essence to receive messages more

clearly and consciously from your soul group, and from the beings who guide and assist you.

Myrtlewood Tree (*Umbellularia californica*) - **Remote Healing**

This elixir offers properties to improve the energies felt in the throat, the third eye and in the hands. It can be quite helpful to those who wish to project healing abilities. This can extend over quite long distances, even across stellar distances. This flower essence can provide a sense of deeper connection through the Earth, and thus the Earth herself can be contacted by some individuals who are particularly interested in remote healing of the Earth. There can be benefit transferred to individuals who have great compassion or love for certain aspects of nature, not so much for the devas or the natural kingdoms themselves as for the subtler levels from which energy is transferred, and can have real healing capacity. This can be more easily expressed or shared, and teachers in particular, who wish to share healing capacities or ideas may find this useful in transferring information, be it writing it or sharing it through their teaching.

Old Woman of the Mountain (*Oreocereus hendricksianus densilanus*) - **Love Wisdom**

The cactus is well named as it is frequently observed to have some of these characteristics of the woman who is perhaps separate and wise. This wise woman offers a nurturing wisdom that is bestowed upon those who would open to her energy. Simply taking the essence will not necessarily provide this. One must reach out a bit to the wise old one in yourself, to the one you have been in the past or to a guide or helper. With such a willingness to climb the mountain, then this loving, nurturing energy is made that much more available. What one may receive from this is love-wisdom, a combination of energies relating very much to the heart and to the mind, and a way in which these are combined easily for the person in their daily waking life. This works especially to establish a bond between that person and others, as if to establish a reduction of loneliness so that the individual has an awareness of the love-wisdom in other people, as if they become aware of not only what they know, but what they don't know and others

do know. As a result of this, what is usually created is a sense of comradeship, of friendship, of loving, which is transcendent of time and space. This can be especially helpful with people that you are somewhat familiar with, people you have some intrinsic bond with but you don't quite understand it, in other words there is some degree of positive karma or some nature of deeper connection between you and these others. If the people involved would use this essence and deliberately reach out in some way to each other or in themselves to contact more of this love-wisdom, many gifts can be bestowed if there can be a deeper awareness not just of the individuals connection to each other but this as an important symbol or metaphor for life, for the way in which people must come to understand and appreciate each others wisdom, awareness, and light. □

Opuntia polyacantha, Plains Cactus (Yellow) - **New Perspectives**

Opuntia facilitates a deeper awareness of the entire skeletal structure, especially opening the concept of maximizing flexibility. It expands the ability to see new perspectives and share new energies, while coordinating these with old ones. The ability to create new belief patterns is enhanced, as is the willingness to release patterns that no longer work. Weight loss can sometimes result with the use of Opuntia flower essence, when the body needs to rebalance itself. □ Opuntia can encourage new states of consciousness, which can lead to a speedup in how relationships form, by expanding our awareness of relationship obstacles or blocks. This elixir can help people release previously held notions about the nature of relationship, and encourage inner aspects and understandings. On an outward level, energies are eased, so that one can meet others in their soul family and gain awareness of guides and other beneficial energies.

Potato, Purple (Solanum tuberosum) - **Clairvoyance**

This potato like all potatoes has many eyes, and the opportunity to receive clairvoyant information on many levels is present. Individuals who are seeking to rebalance, but without the utilization of drugs, and better awaken to the opportunities presented to them by various psychological difficulties is enhanced by the use of purple potato. Individuals who have difficulty with hallucinations and various schizophrenic forms of this will also benefit as they become more aware

of their own gifts, talents, and capabilities. It does seem purple potato at times can bring a deeper awareness of ones ability to self-create higher vibrational states. There can be much enhancement of the clairvoyant process. A natural awakening of this process however in its ability to connect between the sixth chakra and the seventh. Most focalization of ordinary potato is on the sixth chakra, awakening energies there for clairvoyance and related issues, but this opening to the seventh can be of some value for some individuals who wish a deeper spiritual attunement at the same time as the awakening of various forms of clairvoyance and psychic abilities.

Pot of Gold (*Winteria aurispina*) - **Re- Alignment**

This cactus appears to have the ability, when made into a flower essence, to improve the connection of the physical and the subtler levels as they move through the spine of the physical person, particularly in the disk spaces between the vertebra in the back. At a higher spiritual level it allows deep connection between these vertebra and the chakras themselves, allowing much easier interchange of energy, and provoking in the mind of the person new ideas about their connection to all of humanity. Oftentimes this will give rise to an easier time of bridging in unconsciousness when one is asleep or meditating or simply not paying great attention to the matter. And it can be of great benefit in establishing bonds across time and space to beings that you feel close to. In addition to all of this, one could imagine that there is a golden, loving heart-light moving through the spine, moving through the physical body, this affecting especially the spaces between the vertebra.

Rosa Alba(Maiden's Blush, Blush Pink) - **Releasing Shame**

Maiden's Blush has some interesting qualities relating to a deep sense of self, and ability to allow the energies of what might be termed the current of being or the essence of existence itself to make their way into the human consciousness, and allow people to sense this, and to feel it. Many times as this occurs, there are some big changes, people resisting this energy, primarily because of mistakes; some aspect of something they decided, but were unable to accomplish; or an energy that in some way was difficult, and some aspect of this unresolved. After repeated use, a realization comes suggesting that in the past indeed these

energies of mistake or judgment were temporary, were there in order to help you understand the need for a midcourse correction or a change, but they do not inherently create a comment as to the basis of your being; those aspects are not to limit the energy that you manifest. There may be a feeling you do not deserve. This rose strongly stimulates the astral body; and past life connections to blocks may come up, relating to shame and other aspects that may have prevented this deeper awareness of subtler energies being available. With repeated use of this flower essence, the rose gradually confers a deep sense of lovability, of acceptance of this as the universal nature, of a willingness to know this sense of love within consciousness. It is extremely helpful to take this flower essence just before going to sleep, and invite a dream in which you might feel and sense God's true nature in relation to you personally; this isn't the same thing as asking God to do something, it is rather to help you understand your own beingness through God's eyes. This is difficult for most people to ask for, so even just taking this flower essence before asking can be helpful.

Rosa Arkansana(Bright Red) - **Acceptance**

Rosa Arkansana does seem to provide for many individuals a newfound ability to love where love previously was denied. But gradually Rosa Arkansana allows an individual to accept that the love is there, that it is deeply within the person: that it has always been there, that it is something the person can draw on or accept more deeply. Typically, the reason an individual has not accepted or worked with some more conscious and available level of love is because of a past life experience. An obvious application for Rosa Arkansana in this time period is the inner city, places where there is little in the way of nature. When people use this essence, they may find themselves more easily inspired to bring more nature into city or urban environments, and find ways in which this most naturally and easily can be introduced, rather than those that are entirely separate places. In addition, as one begins to open this degree of more conscious love, one may begin to feel a deeper sadness where the love can be truly, deeply healing. Thus a good ritual with Rosa Arkansana is to cry, to allow the sense of love and sadness at the same time; leading one eventually to a place of much greater clarity, as if the tears have cleared ones vision and ones understanding of the entire process of accepting deeper love.

Rosa Brunoni(Himalayan Musk Rose, White) - **Higher Purpose**

This was a rose that was early in the development of the whole rose project by Cha -a- Ra and many others working in ancient times across several worlds, and especially interacting more consciously with the devic orders. The intent was to bring a capacity of spiritual wisdom, the capacity to enhance this in anyone, human or animal, that could approach it and work with it. This capacity was seen as very important, but also that which could be easily resisted: that some aspect of an enticing nature such as a wonderful scent, would then draw the person into the conscious awareness of the need for deeper spiritual connection, for deeper contemplation of important attributes of spiritual teaching or spiritual wisdom. This rose will always bring the individual a sort of dogged persistence, and a willingness over and over to look at these issues and find some aspect of ones own emotion to bring them most consciously into form. As these energies shift for people, the gradual awareness of higher purpose of being here on Earth naturally comes through; but at the same time there is this wonderful positive joyful enticing aspect, almost seductive, it is as if God is letting you know on some level that the loving capacity of joy and pleasure is an inherent aspect of the universe. As the individual surrenders to divine purpose, it is not only for the awareness of ones place in the universe or the answer to complex philosophical questions, but it is also for the sheer joy of being.

Rosa Carolina(Pasture Rose, Rosy Pink) - **Family Forgiveness**

Rosa Carolina does seem to have interesting capability to allow individuals a deeper sense of self-forgiveness, particularly where it relates to family matters. There is an ability here to relieve the soul family of need for revenge, retribution, or change, and so deeper acceptance of the soul family can result. Families tend to travel across the karmic landscape in groups, frequently reincarnating to work on issues, to heal them, to change them; and many of these issues will be brought into greater clarity and be easier for people to receive and work with when using Rosa Carolina. The ability to allow this in a sense of deeper patience, allowing the energies naturally to unfold as needed, and so on, will be enhanced. The essence itself will tend to bring a sense of forgiveness for all of the aspects in ones family

that one has buried, thus one may better remember earlier childhood incidents.

Rosa Centifolia Cristata(Pink) - **Enhanced Love**

This variety has the capacity to combine emotion and the understanding of universal love, primarily for the increase of consciousness. Deeper states of meditation are likely to result, with better ability to understand religious concepts. As one may work with this essence over time, not only will some emotional difficulties tend to dissipate, but also the inner energy as if blocked by the feelings involved is likely to emerge. This is likely to give individuals far greater ability to love, as if then they may feel this in new ways. After using this essence, one may experience a natural release of emotional blockages, and then a tendency to open the astral body. This can open, when it is fully cleansed, so powerfully that individuals will have understanding of the future. This will not always be conscious, but as if at a feeling level, using love.

Rosa Chinensis Minima(Fairy Rose, Rosy pink) - **Devic Perception**

This flower tends to bring many energies of the devic orders associated with the fairy kingdom, and many aspects of the devas working with very small plants, even into small animals, plants, fungi, bacteria, and so on. It allows individuals a deeper sense of the joy in the smaller realms. The understanding of the devas can often be provided as an open door with Fairy Rose, as if a deeper understanding of all aspects of consciousness is more easily accepted and understood by all beings. Many times what will be perceived is simply points of light or energy focus of excessive brightness, of color, or a kinesthetic sense like a tingling energy. If the individual can more easily attune to this energy and welcome it, the body may need some release; finding the way to this will be enhanced by Fairy Rose because the individual will be able to recognize the pattern that the devas are using, and feel that energy themselves moving through their own body. It will also be noted that this can engage the childlike self: the heart of the child, seeing with the eyes of the child, recognizing energy in a more fluid, open sense, can generally be enhanced.

Rosa Chinensis Mutabilis(flowers opening yellow inside, orange outside, becoming

coppery-salmon on the second day, then crimson as they age) - **Higher Creative Force**

This rose has many interesting higher spiritual capabilities, tending to cause an integration of higher subtle bodies; this can be across the mental into the astral, even to some extent into the emotional. However, there is a higher component, sometimes found in the astral body, sometimes in the mental body, that is directly stimulated: this is the capacity to project an aspect of your consciousness that does not hold within it any physical body representation. Mental functioning may be strengthened, but the primary way this energy is utilized, is by its ability to blend, to work in the many realms of it's signature, turning many colors simultaneously, working with these energies in a shared and beautiful way. This is a difficult task for many because it involves effort; this is the secret that the rose tends to help with, the release of effort, the ability simply to allow the energy itself to manifest in it's strongest and clearest way. This is difficult because most people are used to having to work hard to do things that are difficult, rather than relaxing into them. Some sense of deep relaxation may be felt in the neck and shoulders, tensions eased there, and this may transfer in many people into the gall bladder and bladder meridians.

Rosa Cinnomomea(Pinkish-purple) - **Multiple Perspectives**

Cinnamon rose has many different benefits. It helps people to integrate aspects of the subconscious, bringing deeply rooted issues and belief patterns to the surface, where they are then able to blend and make their way into one's consciousness. But at a higher vibrational level, the rose encourages multiple points of view simultaneously. For assistance with channeling, we see some benefit in combining this with Potato flower essence. Cinnamon rose does appear to strengthen people's ability to draw bits and pieces from here and there. Its devas have had the ability to journey, seeing things from many different points of view, learning things about many different species of plant, people, other devas, animals, all over your planet. Their learning of this tends to be extremely integrated, brought down to a very pure, almost essence-like form; and this to some extent would be transmitted to anybody utilizing cinnamon rose elixir. The result of this would be a natural encouragement to integrate and work with any abilities; but the ability to receive energy that you have previously shut out or

blocked, would naturally be encouraged. In addition, at a higher vibrational level, there would be greater religious tolerance, an understanding of the ability to reach others, who through their own religious belief patterns would consider you as an enemy or infidel or somebody who needs to be enlightened or in some way changed or saved.

Rosa Complicata(Hybrid gallica, similar to R. canina, Brilliant pink with a white center) - **Easing Fear**

Rosa Complicata has important characteristics in easing fears that may come up in people unconsciously, helping them to receive them and know them, but also to be able to define them, to be able to more consciously work with them in ways that had been previously unknown. These will often relate to ones self image, the way in which one may have ideas about oneself that make one vulnerable to fears of others, that is, the ways in which other people's fears are transferred. This often takes place unconsciously in childhood, and it is natural that children will tend to receive the fears of their parents. In addition though, Rosa Complicata tends to help people in expanding this consciousness to bring love and assistance to others. It is particularly valuable when you become more aware of your own fears or habit patterns relating to fear, and see of how these energies may be unconsciously transferred to your children. Ways to solve this become easier, the sense of how to explain this, not necessarily to deny it or to change it, but to help the children understand that these energies are transferred. Other aspects of the willingness to love oneself and bring forth this love in working out childlike states with others, or appreciating deeply held beliefs in oneself is greatly aided by this elixir.

Rosa Coriifolia Froebelii(white) - **Manifestation**

This can be a fairly stimulating flower essence to open the crown chakra and allow energies that have sometimes been long stored—childhood energies, energies brought by one's guides into your consciousness but not received by you. Even energies of angels or masters or beings of great light and assistance from Earth. Energies that have not been previously received - and allow these through to be received by the individual at the appropriate chakra level, and the appropriate energy frequency, in the appropriate way in their lives. If you have the sense that

you are being communicated with from subtle levels and are unable to bring this through easily, utilize this essence. It can relieve stress that may develop as a result of the sense of this communication not made clear enough. At a higher spiritual level it can encourage deeper states of channeling and allow individuals who work with it to come into greater understanding of the entire channeling process. The strengthening that may occur as a result may allow individuals a reverse process in which then they are able to project beautiful light as if imagined pouring like a fountain out of the top of the head. This light may be quite powerful in the way in which you imagine it, and usually takes several days before it will manifest in any direct form. But this means that for individuals on a spiritual path who also need assistance with manifestation of form, of money, of relationship, of getting things done in the world and all of that, this essence can be valuable if the energies that one wishes to manifest may be then imagined pouring out the top of the head in a fountain and this energy and light then simply spreading in all directions easily; with no particular form then given to it, it will find its own way easily then into the Earth.

Rosa Corymbifera(white or pink) - **Calm/Peace**

This elixir has the ability at a physical level to release stress stored in the head, neck, and shoulders and can be beneficial for relieving tension that may develop in this area. At the spiritual level, as there is then release of this energy, there may be felt by these individuals a better coordination at the physical level. Internal philosophies, religion, ideas of spirituality, may tend to sort themselves out better after the use of this flower. For most people there will be a significant reshuffling effect as if then they are able to reprioritize the ways in which they wish to understand spirituality, the form in which they come into the world, and the ways in which they put this into action. At the highest level, there can be in utilizing this flower essence a deep sense of calm and peace that has within it building and strengthening energy, as if then in this reprioritization, in this re-understanding not based on the conscious mind, but energies then as if drawn from the soul. Through inhalation one can imagine a beautiful white light pouring into the body, and on exhalation this returning out the top of the head to the soul, which can be imagined to be infinitely upwards, this visualization will assist.

Rosa Damascena Bifera(Autumn Damask, pink) - **Addictive Personality**

Often with use of this rose is a sense in an individual of a deep appreciation of their own physical form, a willingness just to let go of every thought form that has interfered, every energy that has pushed them away from an underlying sense of purpose, an underlying sense of themselves; and the result is that an underlying energy at a much deeper level begins to emerge. This can be the sense of love, of caring for others, of being cared for, but deeper, the sense of God's love; this can manifest for individuals and gradually become an energy that is intensely physical. There is the opportunity to release sexual energies that may be difficult. Energies that might be seen as somehow judged by society, and the result of this, with no need to judge oneself, is no need then for addictive acting out behavior or behaviors that are harmful to the individual. Gradually as addictions shift, new talents and capabilities will begin to emerge. The opportunity to ease shock is also one in which this rose allows. It offers the individual the opportunity to transform the energy of trauma, suddenness, shifted aspects, into something that provides the individual new energy for change, for benefit, for doing things that are ultimately helpful to others.

Rosa Damascena Versicolor(white-pink) - **Thought Addiction**

This particular flower essence also has the ability here to assist people with the highest addiction that most individuals are likely to encounter in this life, and that is the addiction to thought. Thought is a process that is valuable and useful for expression, for bringing certain capacities into form for others. But to utilize it for evaluation, consideration, the gathering of various forms of knowledge, even to use it for logic, compared to the action of the heart (the individual's own intuitive natural abilities), the use of thought would appear to be very inefficient, and in many cases, inappropriate. For it simply gives the wrong result. Therefore as individuals come to understand this deeper addiction, the use of this rose as flower essence may be quite valuable. Their ability to sense the presence within them of the energies that go before thought, the energies that can guide and strengthen them in their willingness to share information in the world may be enhanced, and in this way the thought process used appropriately without the necessity to become an addict to it (to utilize it in place of the other things that are the natural gifts of so many). At the highest spiritual level here, this flower

essence can be valuable for teaching about telepathy, allowing individuals to make deeper contact with themselves in the telepathic process so that it is not frightening.

Rosa Ecae(Intense Yellow) - **Emotional Release**

This rose produces a number of helpful effects when one is seeking to cleanse and clear out the interface between the emotional and mental bodies; this cleansing or clearing reactivates buried energies in the mental body, and can be very helpful at releasing all kinds of stored stuck energies. These can be energies of past lives or future lives, but generally will relate to specific preconceived ideas that have been difficult for the individual to grapple with. This is a difficult matter to clear from many people's consciousness because of the weight, be it of guilt, remorse, shame, or other negative emotions that the individual may be burying. This is where the emotional clearing is of some benefit as a result of Rosa Ecae. Though there are many emotional components to this, such as forgiveness or release of buried emotions of negative quality, it is more a mental attitude that shifts, a willingness to see things in a whole new context, a willingness to truly recognize that you did the best you could in a given circumstance.

Rosa Eglantheria(Bright Pink) - **Opens Heart**

There is a specific focus here on an awakening of the heart energy in its connection to higher spiritual wisdom. This spiritual wisdom that comes through is that which will usually continue opening the heart. Sometimes people will be pushed to states of despair as they feel a powerful love inside that has no easy way to anchor in the world. Using Eglantheria as an essence should be of benefit to most people if they can recognize that as love increases, wells up, or is in any way stronger, that it needs to have a focus, needs to be placed somewhere in the world in which you recognize for you personally that it is useful or valuable. Gradually what comes from such is a deeper appreciation or awe of many aspects of life, yet this again focalizing in the heart to awaken deeper levels of acceptance of God's energy in all things. At the specific levels relating to this, there can be a deeper sense of forgiveness for mistakes one has made in life or for other people. But generally the forgiveness will relate more to the way in which a person has utilized habit patterns: to break these patterns, to see them in

ways that they were fulfilling a particular energy, to understand them, and then to be able to find new ways, new ways to fulfill the energies that were needed, new ways to fulfill what was missing. This will usually be enhanced with eglanteria, along with the sense that you are not in any way less for struggling with your habits, that you are in some ways to be admired or accepted for working with those habits in a more conscious fashion. At the higher vibrational level, eglanteria tends to provide a sense in individuals of deep appreciation of many aspects of the world, a sense of sweetness or benefit to life.

Rosa Elegantula (R. farrerii persetososa) (Buds are coral pink, flower is white to salmon pink) - **Artistic Awareness**

Rosa Elagantula has interesting effects at awakening deeply held aesthetic understanding, awareness of the perfect match in time and space of many different elements. This can contribute to mathematical understanding, but would typically relate to aesthetic artistic awareness. It is as if an artistic awareness within the emotions is presented, a feeling sense that can be properly blended. The elixir can increase the opportunity to bring many elements together in large projects, or share energy in a positive, helpful, loving way with many people. As this awakens for people, a deeper understanding of their own ability to blend purposeful energy is achieved. This can of course combine very nicely, when ones artistic visions are grand and large, with Polaris elixir.

Rosa Foetida Bicolor (yellow/orange) - **New Aesthetic Sensibilities**

The sense of beauty in art that shifts in consciousness bring comes because you have new eyes, because you see things upside-down, backwards, inside out, you see them in ways that you had not previously before, you make new associations. It is quite stimulating to the brain to do this. At times it can be over-stimulating. Rosa Foetida also is helpful when one finds a sense of fatigue in the brain or some difficulty with assimilation of new knowledge. This can be particularly applicable when one is seeking to develop a new aesthetic sense, or come to a deeper understanding of how to see, how to use the seeing principle. However the other side to this has to do with the whole understanding of what is accepted in your world and what is rejected, judgment itself shifted within consciousness using Rosa Foetida, ability to re-evaluate, reprioritize at times, and more importantly,

let go of your judgments. Sometimes this can allow the individual to perceive a beauty or art or magnificence in anything, things that had previously been rejected. Taking the elixir is also helpful in various musical forms, dance forms, and of course in all of the graphic arts, as individuals come to deeper awareness of this, but particularly helpful where one wishes to transform landscape, urban or rural, change various aspects of ones living conditions by working with feng shui or other matters, recognizing higher level senses of balance than had previously been present.

Rosa Forrestiana(Pink) - **Creative Imagination**

Rosa Forrestiana has capacity to engage imagination, allowing people to see things in ways they had not before, and in this way explore new areas. Usually imagination is without constraint, and can be inherently available typically to influences of malevolent non-physical beings to be utilized for various nefarious purposes. Imagination can be wonderful, it can be a source of inspiration and creativity, but it is not in its basic sense guarded. A certain guarding with Forrestiana tends to emerge as the energies associated with imagination in this regard would be generally helpful uplifting energies, energies of creativity that could be valuable and useful for people. The effect of this elixir can allow an individual to feel more excited about life, to feel the sense of accomplishment or benefit. Somehow leading to new ideas, new places to be, new ways of relating to others. One can find this quite enjoyable and essentially light hearted as one can move into a realm of greater play.

R. Gallica Versicolor(Striped white, pink, red) - **Love Wisdom**

At higher vibrational levels, Rosa Gallica allows the understanding of the interaction, to an extent that it becomes quite helpful, quite loving, quite receptive, as if wisdom is made into love, as if some sense of higher knowledge is somehow transformed into joy, as if some sense of where one is going, higher purpose, higher functionality, is transferred at a higher vibrational level into some sense of higher, joyful, explosion of energy, purpose, and the enjoyment of this. These are difficult energies to describe because they are feeling sense energies, kinesthetic energies; and various ways to bring these into form with Rosa Gallica's

assistance, will often be helpful--such as creative effort, drawing, painting, but especially dancing, to move the body in any way and receive this. Thus yoga and simple tai chi movements, where there isn't a lot of thinking involved, can benefit by the use of this elixir. In addition, it will be seen that there are powerful helpful loving influences associated with the love nature of a person: the intrinsic need to love and be loved. The fourth chakra is directly stimulated.

Rosa Gymnocarpa(Little Woods Rose, Pink) - **Psychic Function**

This rose has useful capabilities for individuals to blend different parts of their personalities, to accept them in a loving way, and allow this to produce important psychic abilities. After continued use many paranormal abilities naturally tend to blossom and strengthen; most typically will be those relating to clairsentience, or the feeling sense, or the energies associated with psychometry, or other ways of feeling the energies of objects and beings around one; not because this is inherently connected to Rosa Gymnocarpa, but rather because these are the energies that many individuals have to some extent suppressed, and thus the energies associated with the more feeling or kinesthetic psychic side of an individual begin to emerge. Gradually an individual becomes more accepting of the buried hidden abilities, the shadow self, the willingness to blend these aspects with other parts of ones life, and as a result they are able to accept more aspects of themselves, accepting the loving self, accepting the judgmental self, accepting those parts of ones personality that have been perhaps troubling, fear producing, or creating disharmony or stress. Thus as one is able to accept this, one can then more easily change these qualities, or shift them in some way that would be helpful to others.

Rosa x Harrisonni (Harrison's Yellow Rose, Yellow Rose of Texas) - **Honest Communication**

This rose has been widely accepted by many individuals, and certainly deserves looking into, even though its development is so relatively recent, because it has a significance very much associated with America, many ideals of pioneering, finding of freedom, accepting of personal responsibility, and a willingness to repeatedly share this with others. In the revelation of truth, the flower essence can be quite helpful as individuals find ways to be more honest with themselves,

and to share with others, even if this causes some temporary disharmony. This yellow rose flower essence can encourage individuals to look very consciously and clearly in themselves, finding those areas that they have in some ways denied or lied to themselves, and find a way of deeper honesty that can be revealed. There is a certain level of warmth often conferred, as the devas associated with this rose have gradually come to share some of their loving energies with people, this encouraging people to find a way of being clear in their communications with each other.

Rosa Helenae(White) - **Higher Truth**

Devas associated with this plant have been significantly changed over the last hundred years. They are very adaptable; they have been programmed with information from Lemurian times with the capacity to adapt to many circumstances of energy. At the subtle level, it is very important at this time for humanity to be able to draw in new concepts, to hold them for a long time, to work with them as need be, and then once one has gained sufficient knowledge, to release them completely, finding the next level, the next awareness. Rosa Helenae helps one understand absolute truth and relative truth, understand the difference, and be able to laugh at the necessity within ones consciousness for absolute truth, for some reference in the universe, some aspect that is somehow not relative. This essence will help one to ascertain the specific aspects of truth in your life that are helpful, that help you understand and grow, and let go of past-held belief patterns that you just somehow "knew" were the truth.

Rosa Horrida - (White) - **Universal Love**

This rose is beneficial in cleansing what we would term spiritual sadness. This is the way in which as one begins to contact higher and higher levels of spiritual evolution, one must then as if retrace the paths of the masters. Each of these master beings, Buddha, Confucius, Jesus, healers and other Earth Guardians in their own paths have had to contact some aspect of humanity where there was struggle. They have had to understand this in their own way, and usually what results is at first a deep acknowledgement of humanity's own struggle. As if then there is an acknowledgement of the power within humanity to find the answers to this pursuit of love, of happiness, of the understanding of God in the material

realm by the use of whatever it takes. The use of this essence can be helpful therefore of course at a physical level for a depressed state or for people who are experiencing sadness or anxiety at levels that they do not understand and are having some difficulty attuning to. Many times there is a powerful spiritual component as a result of this. This is sometimes not acknowledged or it is somehow denied in the individual, and this essence will assist in releasing that denial and letting the individual understand it more deeply.

Rosa Hugonis (Yellow) - **Practical Visions**

This rose appears to stimulate some of the solar aspects and bring some sense of sunlight energy as it is transferred naturally into people, as is to some extent present in all yellow plants. But Rosa Hugonis appears to bring this sense of solar vision, the awareness of the sun's ability to see the far-reaching aspects of humanity, of Earth, of the solar system, of many aspects of its interaction. Brought down to a more material level, that which is more practical, such energies would naturally relate to anything having to do with communication and the ability to take these larger visions and put them into a form in which they can be expressed. In addition, Rosa Hugonis appears to be repeatedly able to give people a very sophisticated point of view of things, seeing things from many levels and being patient at letting all of the energy come in, until finally it is crystallized, strengthened, and able to be shared more consciously. Rosa Hugonis will stimulate any gem elixir, making it a little easier to absorb and work with any gem. It also is quite helpful for individual's learning how to express where they had not before, even for children learning writing or bringing some of the solar energies of expression and clarity more easily into focus for themselves.

Rosa Laevigata (Cherokee Rose, White) - **Enhanced Healing Ability**

Cherokee rose has capacity here to encourage and strengthen the sixth chakra, opening the third eye fairly profoundly, bringing a deeper sense of clarity, but at the same time an awareness of an inner silence, a capacity to receive energy from many levels. Any form of hands on healing or energy work that brings healing capacity more consciously to people would be accelerated and assisted by Cherokee rose. With repeated use however, one can have a deeper sense of connectedness to all peoples, a deeper acceptance of the powerful nature of

what humanity is about here on this Earth. And with repeated use, adaptability naturally increases: the capacity to fit into other societies, to learn other languages, to adapt other customs, to understand other people; this sort of energy is certainly very positive and helpful, and can assist anyone who is seeking multicultural bridging or capacity to expand their own horizons.

Rosa Longicuspis(White flowers with scent of bananas) - **Deepens Meditaton**

There are many interesting attributes from Rosa Longicuspis, this rose can produce some shifts all along the chakras, making a sort of sequential or domino effect of a lining up of energies. It can be quite helpful for those studying and working with body-centered or body-associated forms of meditation such as yoga, in particular kundalini yoga. This rose has the capacity to allow individuals a deeper sense of perseverance and awareness of their own awakening process, to be able to stay with it for long periods of time, to allow them deeper sense of the physical merged in a very positive and helpful way with subtle energies. Many times during the process of awakening or strengthening, the higher chakras are unduly stressed, and energy must be provided from other places. Rosa Longicuspis enhances appreciation, a deeper awareness of God's love for all beings, as can be manifested in the human form: a moment of stillness or a place of deep peace may awaken for individuals, that can allow them to anchor or strengthen the loving sense with the energy of spiritual awakening or God-unfoldment.

Rosa Macrophylla(Red, The most powerful rose essence on the planet for the heart chakra) - **Greater Love**

An important attribute of Rosa Macrophylla is to help people know themselves, to feel that love more, and to know this energy more clearly in oneself as a source, as a connecting energy to the entire kingdom of roses, to entire kingdoms of different beings, is a wonderful way of using and knowing this energy. As one feels this sense of love, one may also recognize that it has a higher component: love of and from God, understanding of love of and from Earth—that the love is not just a personal one. Personal love is that which may be felt initially in using this flower essence. As one feels this, it makes sense to train it, to ask of ways to transfer

that love to others, to play with it in different ways, to appreciate it, to share it; and in this way one will gradually understand more of that energy, as it is in itself, rather than judged through the eyes of society or your own experiences. The fourth chakra is of course stimulated; there is, however, a connection to other chakras. Fourth chakra acts as a moderator, and there may be times when first, second, and third chakra becomes energized, others when fifth, sixth, and seventh become awakened. We see a more permanent connection gradually established between eleventh and twelfth chakras, and the fourth chakra, with repeated use of this rose.

Rosa Maximowicziana(White flowers) - **Shifting Boundaries**

This rose has capability of blending energies across any of the aetheric, mental, emotional, causal, and physical bodies, allowing individuals a deeper merging. It is usually best used initially to focalize such energies from two subtle bodies specifically, seeking the particular characteristics to blend between them; one will usually become much more aware of the characteristics of the subtle bodies as a result, and recognize a natural gratefulness, loving energy, receptiveness, accepting energy, willingness energy, in working with these energies of the blending of the subtle bodies. As boundaries are to be shifted within an individual's consciousness, the acceptance of these in the physical world, in relationship with others, is made clearer. In addition to this is another part that is difficult for most people to understand as they approach boundaries; for this, the rose has a marvelous lesson to teach people: it has to do with a loving side, an accepting side or a heart opening side to boundaries. Using this rose can assist individuals in understanding themselves better, where they have walled off or allowed various aspects of their own personality, consciousness, or things that they are interested in to become segmented, to become in some sense denied or unavailable. To make such an energy more available in a loving, welcoming, accepting fashion is likely to be enhanced for nearly everyone using this flower essence.

Rosa Moschata(Musk Rose, White) -**Improving Relationships**

This rose has capacity to engage higher consciousness as it is aware of a principle of compassion, caring, and love that many people may feel for their own highest

self: a deeper welcoming of the higher self energies as they then can be absorbed and utilized as a loving principle within the individual. This willingness to blame others can be a very important keynote that would be indicative of using Rosa Moschata as flower essence for much benefit. In addition however can be self-blame, in which an individual is unaware of how they are allowing deeper separation simply be such powerfully held judgmental beliefs. As Moschata is used further, the heart begins to open in new ways, ways that can incorporate a loving not just of ones higher self and spiritual side, but of mistakes, of pastlife energies that have not been placed perhaps as well as one would have liked.

Rosa Multibractea(Light Pink) - **Life Purpose**

Rosa Multibractea has useful ability to produce a sense of ones own sacred work for many individuals, and bring the awareness of this into consciousness in a loving, helpful way. Many times as people begin to appreciate what they are here for, what they can do best, ways in which such work can be of maximum utility and value to other people, they also experience emotional difficulty, as if recognizing that that ability is somehow not accepted by the world or ones spouse or the capacities that one has expectation about, might perhaps be something that does not provide money or the things that one may have come to value in life. Typical flashes and awareness of this higher or aware purpose for individuals will tend to occur early in life, perhaps at age three or so; then as a more defined purpose, focalizing around age 28. If Rosa Multibractea can be provided at these ages, much benefit can accrue to the individual who has a deeper sense of this energy being properly placed, properly used, properly balanced. Sometimes this means that a deep sense of forgiveness and love must be felt. If the individual has moved into areas that were clearly fulfilling the expectations of others but not allowing this sense of sacred work, of using their time here best, then various emotional energies will crowd in; then this rose can be especially helpful as it allows them to be loved through, released, shifted; one may experience the emotion, but at the same time a deeper sense, a joyful sense.

Rosa Multiflora(White) - **Earth Sensitivity**

This is a plant that has a powerful connection to Mother Earth, transferring many of Earth's highest most loving wishes, Earth's ability to assist an individual's own

life path through help, through deep love of oneself and of the physical--a willingness to receive this energy is profound in this rose. At a higher vibrational level however, as the heart is opened in working with these energies, there is a deep sense of peace or calm that can come to many individuals, as if the sense of timelessness, as if the awareness of Earth's great patience in waiting, seeing how things will unfold, helping in her way generally, is that which is felt deep in the core of many individuals. There can be with such attunement, naturally, the development of psychic abilities relating to the Earth. Thus the ability to enhance the properties of plants and animals, or the psychic awareness of Earth changes, attunement to Mother Earth's moods, ability to affect the weather, and also to perceive the weather before it manifests. In addition, this rose may produce a healing effect that can be transmitted to others. Thus Rosa Multiflora can stimulate healing abilities where individuals wish to use sound in any form--it can be technological, it can be working with sound from the human voice.

Rosa Multiflora Carnea(Pale pink variety) - **Unconditional Love**

The Lemurians developed and worked with this, but it was El Nath energy, the working through various beings, and Cha-ah-Ra's ability to influence this, that eventually gave rise to an energy that is only now becoming stronger. This has to do with a certain sense of totally unconditional love that is a resonance or manifestation principle of Earth's energy, as if a person coming into resonance with the sense of Earth's unconditional love, awakens his or her own unconditional love.

Rosa Nitida(Shining Rose, Pink) -**Self-Forgiveness**

Rosa Nitida allows individuals a sense of persistent self-forgiveness. This can be a troubling and difficult sense to create in oneself, because most typically one will self-blame or move into states of recognizing problems, and then only gradually come to a place of forgiveness, sometimes even waiting years after a particular incident or difficulty to recognize from the beginning that this was present. To discover this immediately can be extremely energizing and helpful as one wishes to contend with a problem in life. Imbalances of the pancreas and 2nd chakra can

be assisted with this essence by releasing stuck energy and achieving greater alignment between the 2nd and 4th chakras.

Rosa Nutkana(Pink) - **Inter-generational Harmony**

This rose has a stimulating capacity to bring forth the admission in individuals of the denied emotions, and allow these in their own way to naturally form themselves into much greater loving aspects with other people. It can be quite valuable also in relieving psychological stress due to difficulty of making decisions in relationships. It can also be extremely helpful in easing tension between the generations, in particular when illness or disease is involved. This can be extremely helpful in making decisions as to how to deal with parents or elders that one must hold responsibility for, govern over, or assist in some way. The highest use of this rose is for deep emotional and spiritual bonding between individuals of widely differing ages. This can be with parents and children but is usually with those who are much older.

Rosa Odorata(White, Pink, or Yellow) - **Integration**

This rose brings an awakening of the root chakra as an energy that bubbles up through the rest of the body. But over and over and over it shows you how you can integrate: how you can bring energies from many different sources, things learned from past lives, energies from this life, and integrate it into the problem at hand. Integrating these energies will often give rise to new possibilities that you did not see before; and these energies will then arise as a new application, something that will ultimately be helpful. This can be very helpful in group activity, in corporations, or people finding something in the physical world that they wish to change, but that which is clearly based in the physical world. Thus when you are struggling with bureaucracies, seeking to understand systems as they are, Rosa Odorata can be so helpful at engaging your patience, your ability to see things from other peoples point of view, to find the right steps to take in order to deal with the situation. This essence can be utilized to bring joy and strength to gardeners, to those who wish to work with roses, through an attunement to this deva.

Rosa Paulii (White, clove scented, R. arvensis x R. rugosa) - **Shifting Ego**

Rosa Paulii has an important use for individuals in allowing a deeper sense of love and humility combined. This can be particularly helpful for individuals who wish to help others, but do not wish to be in such a position of obligation or addiction or a constant interaction. This flower essence may be used for individuals to release the desire or need for appreciation. As a result, those with significant accumulations of planets or energies in the birth chart associated with Cancer or Taurus may benefit especially from Rosa Paulii as they gradually let go of this need to be appreciated. But at the deeper level what it eventually yields for individuals is a deep understanding or appreciation of God's energy as ultimately then so humble, not asking anything in return, allowing opportunities on many levels for all beings; and ways in which these opportunities can at times lead to all kinds of deeply pleasurable wonderful aspects in life.

Rosa Pendulina [Rosa Alpina](Pink to Purple) - **Risk Taking**

This rose tends to allow people opportunity to take risks more easily, to share energies with each other in ways they might not have previously, and with this to open to new ways of loving, feeling love, and working with love as a result. Risk taking can be pathological in some individuals, with the addiction to dangerous sports or activities that risk life and limb. This rose can be particularly helpful for such people to modify these practices, see them in a different perspective, or find ways of achieving the same ends of sense of thrill or life-awakening, without having to put themselves in bodily danger. However most individuals as they work with this rose will recognize in themselves a willingness to share energies in ways they had not previously, to do so in ways that may produce some fear; but the fear would be short-lived, and the use of the rose to help the individual move through that fear, recognize its real truth, and in this way bring forth energies that have been buried, hidden, or in some way denied.

Rosa Primula(Pale yellow) - **Spiritual Healing**

Rosa Primula is very helpful at accelerating the development of spiritual wisdom as it can be applied to healing, and especially the capacity of counseling from the heart, a place where a deeper loving energy may be established; this gradually shifts consciousness to awaken Christ-like principles in many people. It is as if

discovering an inner Christ-knowledge or inner Christ-love, depending on people's own particular bent or the aspects that they have previously developed. With repeated use, Rosa Primula awakens the crown chakra; this energy connects right through the body into the heart, and allows a deeper fueling of heart energy based on such incoming energy through the crown chakra. But this energy must have some point of focus, therefore it makes sense whenever utilizing Rosa Primula to focus your energy on some particular quality of assistance, some way to assist or help anyone, anything. In addition, there is certainly an increase of healing energy, if it is sincere, if the individual truly has some capacity of caring or love for whatever is the object being healed, as this will tend to increase the natural energy flows.

Rosa Pterogonis (Rosa Hugonis X Rosa Sericea) - **Group Healing**

Its primary activity now is conferring a deeper sense of group identity to many individuals to understand and perfect a sense of that group, as it can be loving and helpful to others. It is therefore very useful to teams of individuals who seek healing or assistance to others, be it in esoteric healing or practical healing: a hospital staff or a group of hands-on healers. Those who are studying and working with healing energy of any kind may find that there is a certain level, typically unconscious, of competition between the members. And Rosa Pteragonis has opportunity here to help relieve this, bringing people to a state of easier harmony as they work together. This elixir may provide at the more gross physical level rapid healing from surgery, various interventions in the body, and ways in which the healing would be speeded up.

Rosa Roxburghi (Chestnut Rose, Pink) - **New Awareness**

The capacity of the flower essence to affect states of consciousness relates to various important blocks that are more easily lifted away and released; these blocks will be present in both left and right hemispheres, but are generally easily grappled with and understood through relatively logical processes associated with left brain activity. This rose, apparently at first, brings a questioning, the opportunity to shift belief pattern; but at the deeper level, it actually peels them away; it releases these belief patterns and allows new consciousness, new ideas, new potential to come more powerfully into focus. For some individuals this can

be a profound experience, as if then when using Rosa Roxburghi there is a sense of a whole new being emerging, a new awareness of various spiritual energies that have previously seemed impossible or hidden.

Rosa Rubrifolia(Pink flowers, red foliage) - **Manifesting Love**

Its primary purpose is to impart to individuals greater conscious will in the way in which they interact with unconditional love, with their ability to manifest love, and with their unconscious love. It can then assist individuals in making the choices easily to manifest a form of love within them that they feel is to their highest, to their best, to that which would assist them on a soul level. At the highest level of spiritual interaction with others, it appears to stimulate the aetheric component of the physical heart, and as a result of this can create very powerful energies from an individual if their will is involved. A good way to utilize this essence is if you are regularly concentrating or focusing love energy outward somewhere in the world.

Rosa Rugosa(Mauve) - **Self Reliance**

The ability for an individual to perceive their own inner strengths, to truly feel them, to sense them as part of ones being, and to come to rely on them, can be enhanced by the flower essence of Rugosa. This may lead to enhancement of psychic abilities, but there appears to be an especially focused inner intuition, an intuitive sense strengthened for most people. At the higher vibrational level the flower essence provides an inner reliance that individuals can come to for their own ability to love, to love in the face of great difficult circumstances, to love even when there is no hope, no chance of that love being returned. The highest use of Rosa Rugosa is spiritualized will; that as one discovers this inner strength, this inner ability to love, there is an enhanced capacity to direct it more appropriately, to bring it into a form that can truly be helpful.

Rosa Sinowilsonii (White) - **Clairaudience**

Use of this elixir will tend to bring various levels of higher vibrational energy more consciously into ones awareness of subtle sound, activating hairy structures in the ear and various aetheric equivalents to this that exist throughout the brain and various other centers in the body to help with receiving and working with

these energies. Gradually with repeated use of this rose, there is a strengthening of ones trust in clairaudient phenomena; this will, as always, tend to be enhanced or strengthened with any other paranormal phenomena also exercised or utilized: clairaudience, clairvoyance, various forms of clairsentience, all tend to work together because they use similar para-brain centers. Energy moves from the physical level to higher vibrational levels of attunement to receive messages from guides and helpers, to perceive various cosmic sounds, to become aware of musical expression of angelic realms, or higher vibrational attunements to positive and useful energies, all of these naturally take place. Utilization of this rose on a regular basis will shift musical capabilities, thus improving them for those at beginner level, or shifting them for those who are more advanced and involved in music, to attune to energies of a higher vibration.

Rosa Spinossima Altaica(White) - **Interconnection**

This elixir can be utilized in assisting individuals with a deeper transformation of their own ability to connect to other people, to feel a sense of commonality or bridging at a heart level. People who find themselves isolated, separate, alone, perhaps in darkness or in places of struggle, would be encouraged to make contact with this deva, come to understand it better or receive its energy. As the flower essence itself became of some value for this in Atlantis and perhaps into the present day, this energy has been gradually increasing, allowing people a sense of camaraderie, shared oneness, a sort of inner loving between each other. What it is really doing is working with the issue of aloneness, to help the individual to understand that they are inherently connected, that they are not alone.

Rosa Stellata(Mauve) - **Vibrational Reception**

This rose has capacity to encourage communication with guides and helpers, to allow new sources of coherent well-integrated information to be better transmitted, as if one's antennae are strengthened. There is some release of inherent belief patterns blocking some of these energies. Fears will be eased, and for some individuals, better understood. Some of these fears may relate to others getting too close; fear of intimacy, in particular, is relieved by Rosa Stellata. Gradually, an individual will be better able to speak a personal truth regardless of the consequences; and the result of this is profound, enhancing telepathy,

enhancing contact with other beings, but most importantly, with guides and helpers. In addition, Rosa Stellata allows an individual to see through the eyes of ones guides, to see things from a higher point of view; sometimes this will have profound effects on an individual, helping an individual to see things they had previously held back.

Rosa Sweginzowii(Bright Pink) - **Higher Group Interaction**

This rose has some interesting capabilities in shifting the nature of love that people experience, making it simultaneously more physicalized, felt particularly in the belly area for most people. At the same time, there is awareness of interaction with higher guide beings. Where this becomes particularly helpful is where one is in relationship, and a guide has been selected, established, or allowed to work with those two in relationship. This is a fairly common occurrence for people who have been in relationship of any type—business, personal, family—for more than five years. But as another guide is established, an energy of three becomes clearer for most individuals as their personal guidance and assistance across this relationship is intermixed with that of the new guide or helper.

Rosa Villosa {Rosa Pomifera, Apple Rose, Pink} - **Emotional Release**

Rosa Villosa loosens the connection between the subtle bodies, especially focalizing these energies in the connection between the astral body and the emotional body. This loosening can encourage all kinds of interesting aspects of dream, astral travel, and other capacities, because strong emotions will often pull the individual back into their body. The devas associated with Rosa Villosa tend to bring a sense of lightness, play, and other high vibrational energies into many aspects of life, finding a way to release various things that might be seen as perhaps exceptionally serious or emotional in nature.

Rosa Virginia(Pink) - **Inner Calm**

Rosa Virginia brings a powerful energy closer to a person, it never pushes it into the person, but it is as if the vibrations will momentarily align so that the person can better receive an energy that is based in the center of the soul, a sort of pivot point or nucleus of soul energy, a place of infinite powerful calm, but at the same

time, with a strong survival force—the force to become, to be aware, to know, to grow, to do. For the individual to know this better can be quite empowering, providing a natural cleansing of the third chakra. There can be a sense that the individual is able to accomplish much more than they previously had. This rose is valuable in creating inner states of deeper solemnity or calm, as if the still waters are felt; inner knowledge created as a result of this will gradually manifest into physical form in the world. The rose essence will assist individuals when they are feeling anxiety or stage fright, and may be useful for individuals involved in theater, television, motion pictures, politics, etc.--anywhere you must be in the public eye. It assists individuals in projecting this inner sense of stillness and calm into their words as they speak them. And as a result, those around them may much more easily feel the inner feelings that they may have contacted in meditation or in any sort of inner contemplative work. Gradually with repeated use of this essence the charismatic state, that state to which other individuals are naturally attracted will be encouraged and amplified in most individuals.

Rosa Woodsii(Mountain Rose, Pink) - **Energetic Connection**

This rose has helpful characteristics for enabling better person-to-person contact, communication, and awareness. For most individuals, there is an outreach, as if a subtle energy connection that reaches out to others for whom you have any degree of awareness--as soon as you know about the person, as soon as you become aware of them, this subtle tendril of energy extends. For most individuals, the energy extends from the naval area, integrating energies from the second and third chakra. These will relate to emotional connection, specific connections with relationship to business or pleasure, and an ability to see your self in someone else. Rosa Woodsii tends to bring this into consciousness for the individual: "Why am I interested in that person? What is there about that person that can reflect some aspect of my being? How may I learn from this relationship?" Many who are very introverted are also very sensitive; they are tuning into a higher energy, an energy of similarity or of oneness between that person and the other, and here this rose will help one understand this and welcome it is a strength. At a higher vibrational level, one can perceive the God-nature in another being, and see of its intrinsic lovability. This helps you so much with negotiation, because you see somebody else's point of view, you understand

their consciousness, their desires, their needs; and you are then able to meet them halfway, or even a place where all of the parties negotiating can get out of it what they really want. Perceiving this deeper level sometimes involves letting go of aspects of yourself to truly see the other person as deeply lovable, and then yourself as lovable too. Feeling this unconditional lovability is the highest and most beautiful use of Rosa Woodsii.

Rosa Xanthina(Yellow) - **Heart Chakra**

Rosa Xanthina has many interesting capabilities to allow a connection between the heart, the fourth chakra especially, the aetheric body, and the causal plane, allowing these to transfer information back and forth. This tends to be filtered in various ways by the heart energy so that it is of a loving nature. Gradually as one becomes used to this energy, one is able to turn off, reduce, or completely eliminate mental chatter, the interference of thought patterns, or even the mental body at any level. This is unusual, as mental body interaction is of some value in so many different processes, responses, and aspects of vibrational work. Yet with Rosa Xanthina what gradually occurs is a melding or blending of the aetheric energies with the heart energy and an awakening to causal information, an awareness of ones purpose, a sense of energy unfolding in a positive and helpful way, and a deeper sense of peace, calm, and quiet. Another important aspect of Rosa Xanthina is to help individuals reawaken hidden healing abilities, however this is always in a loving, compassionate way.

Stevia (Stevia rebaudiana)▫ **Increases Enjoyment**

Stevia offers an important opportunity at this time for people to have an entirely different viewpoint about the sweetness of life, about the understanding of life's joys, about the capacity of bringing transformation and conscious change to their own ability to enjoy life, find joy in life, and recreate it in themselves. The flower essence works with the higher significance of this energy; an opportunity for individuals to find a sense of joy in movement, in their step, in the awareness of the world around them, in God's loving energy associated with them in the opportunity to partake in life and to find ways in which this can be ultimately

nourishing and helpful. Some individuals engaging already in such a life shift or life crisis would do well to utilize stevia flower essence to help them with the journey, and make it easier for them as they create the new identity for themselves, one that is not based so much on outside accomplishment or how others see you, but rather on an inner joy, on an awareness of ones own inner consciousness, and the opportunity to find joy in every situation in life.

Sugar Bowls, Vase Flower [Clematis hirsutis] - **Spiritual Connector**

This is an interesting flower with the property of assisting the receiving of cosmic or higher vibrational information in a direct fashion, as if a sort of tunnel or conduit opens between the causal body and the seventh chakra. As the seventh chakra is repeatedly stimulated, there is some depletion of manganese, it is recommended for nuts and seeds to be eaten at some time in the week or so before using this essence, in order to receive the full benefit. The seventh chakra, as it awakens to receive this information, begins to come into a greater ability to translate and share this with sixth and fifth chakras. Gradually, the information that comes through begins to make sense. Dowsing and psychic abilities may be increased for many people. More importantly, a sense of belonging, or reduction of the foreigner syndrome (feeling like a stranger in a strange land) may take place for many people. It is possible that the capacity of an individual to receive talents, ideas, or new ways of doing things, will naturally increase with the use of Sugar Bowls, as the ability to receive information is naturally enhanced. Memory can also be enhanced through the use of this elixir.

Wild Currant(Ribes cereum)- **Grounded Love**

This essence brings a greater awareness of the quality of tenacity. Wild Currant fosters deeper connections to nature, animals, and to each other. At a deeper level, there is an enhanced spiritual connection to the entire plant kingdom. It deepens the ability to understand it, be drawn to it, and work with it, by helping one discover the real connection and attraction that has always been there. This is about love, as if to awaken ones own inner tenacity of love, the ability to keep loving. With the use of this flower essence, one can more easily to discover and know a much deeper love, a love that has always been there, a love that relates

as much to your acceptance of your relationships, yourself, and other things, as it does the acknowledgment of the very existence of these things. Wild Currant strengthens an awareness of a grounded underlying basic love, thereby allowing one to see and heal the negative emotions that naturally arise in life's various relationship situations.

Wild Licorice(Glycyrrhiza lepidota) - **Life Purpose**

This elixir helps to cleanse and fortify the astral body. In addition, it realigns the emotional body and strengthens the connection between the emotional and astral bodies. This can assist with projection, but it's more important characteristic has to do with the understanding of karmic vector: the capacity to understand the thrust of your lives in regards to where they are heading, the in-the-body/out-of-body experience, the ability to make death transition easier, and to eventually manifest some important characteristics about the true meaning or summary of your life lessons. Wild licorice can help facilitate an acceptance of the positive value of negative experiences from recent past lives, and any latent difficulty with the assimilation and understanding these prior to this incarnation. It is as if the wild licorice allows a certain positive, sweet, loving part of any aspect of one's own personal experience to come forth, making it easier to review our karmic vector objectively, and see where we need to go.

□