

New Combination Elixirs

Combination 134 {Floss Flower, Jelly Opal, Pink Diamond, Silversword) - **Helpers**

This mixture is to be utilized to enhance pathways that are already in place, perhaps for many lifetimes, to connect better vibrationally to a helper being. But it is also noted that all one really has to do for deeper attunement to helpers is be aware of them, simply invite their presence, for they wait patiently and will not interfere. Unless a connection is specifically asked for, it will be significantly limited. This elixir can awaken a higher vibrational reality at the level of the crown chakra to facilitate this connection.

Combo #135 (Petrified Cycad, Petrified Fern with Quartz, Petrified Wood with Quartz)- **Synchronicity**

This blending brings a deeper awareness of the ancient times for many people, awakening an understanding of the evolution of the Earth herself and how this relates to people. It provides a deeper sense of patience and expands an awareness of past lives. Use of this unusual combination allows and encourages people to open to a deeper perspective, and to therefore act more appropriately to balance energy in a way that is ultimately more beneficial. Capacities that allow much greater patience can be strengthened, bringing a sense of being in the right place at the right time, and communion with guides and helpers from the past, including past selves. These energies are generally helpful for people who are seeking to incorporate or integrate various aspects of their own consciousness. In addition, this elixir encourages evolution of the way in which the energy contributions of devas, plants, animals, and other people combine together to bring a more positive helpful energy to planet Earth. Fossil elixirs amplify the life force. There is greater attunement between this elixir and people because both come from organic tissue. Having previously been living matter, these elixirs often stimulate the spiritual body, which few vibrational remedies do.

Combination #136 (Millet, Wheat, Barley) - **Grain Combo**

Most of the nutrient qualities of these grains are transferred to the flower essence. Combined together these three grains are a universal food. It is best to take these three essences in a combination. They affect a fairly broad spectrum of nutrient qualities. This is the key reason why these grains are presented here. You can deduce by their nutrient properties their application to various disease states. There are many applications here. When there is an allergy to one of these grains use the flower essence rather than a homeopathic preparation to alleviate the allergy. The aetheric and

mental bodies are enhanced and there is a major impact on the meridians. It cleanses and balances them. This can be utilized to help cleanse some of the negative consequences of the storing of grains in the physical body.

Combination 157 - Spiral Galaxies(Center of Milky Way, M31, M33, M51, M66, M74, M77, M81, M82, M83, M96, M100, M104) - **Opposite Expression**

This elixir can provide evolution into areas that had been previously ignored. It can be a deliberate attunement into patterns of opposites, appreciating and working with the whole idea of opposite expression, the balancing of male and female, and the sacred marriage of polarities within.

Combination 158 (Sacred Basil, Bee Balm, Choke Cherry, Elephant's Head, Azurite, Green Jasper, Star Sapphire, M33, Helios, Neon) - **Gratitude**

There are many belief patterns that will likely surface for individuals through the use of this elixir. Sometimes these will seem completely unrelated to the idea of gratitude or shifting ones attitude or seeing things in a new light. While one is utilizing the combination however, these will pop up. Pay close attention to these belief patterns, play with them a bit, learn the emotions behind them, then ask that crucial question: "How might this be limiting my ability to discover gratitude? Where does gratitude fit in my understanding and utilization of these belief patterns? How might they in some ways affect how I know gratitude or find it in life? Secondly, make this an essence that assists in ones own day to day activities, that is, finding gratitude as part of everyday life: as in working with others, talking on the phone, interacting at the store, as if looking in oneself to discover all of the shields, or various components of walls or separation that one normally allows in day to day interaction. Question this carefully. Is it possible to release some of these? Is it possible that gratitude is hidden out of fear or other energies. Sometimes this can be a powerful journey into the self where an awakening takes place that releases a variety of emotions. Next recognize that as the gratitude is created, there will be a natural resonance with helpers and higher vibrational energies, in which some natural way of working with gratitude is also present, as if these energies multiply and assist each other. In addition, the ability to use this in a bath is strongly recommended, as individuals can attune better from the physical side.

Combination 159 Elliptical Galaxy Combo - (M32, M49, M60, M85, M87, M105, NGC 185, NGC 205) **Male/Female Balance**

With this mixture comes a re-balancing within many people, especially for their capacity to interrelate, to work with each other, and to outwardly reflect this. This will allow them to balance many aspects of male and female that may contribute to a greater capacity to interconnect with another while still maintaining a sense of

separation. Gradually over time this may allow a oneness to evolve, and can be quite enhancing and helpful in dyads of all types.

Combination 160 (Sequoia, Century Agave, Petunia, Sacred Bamboo, Amaryllis, Clear Quartz, Smoky Quartz, El Nath)

Graceful Aging

The enhancement of wisdom, the ability to provide a larger perspective, to give deeper states of relaxation, leading to enhanced mental activity, will usually result from this elixir. A deeper degree of patience will naturally arise, but more importantly, levels of self-respect and a sense of one's own inner capacity can increase. It can work strongly to bring a sense of graceful aging, wisdom, self-acceptance, and capacity to more easily transmit information and learning to younger generations, to others who would perhaps be ready to receive this. The opposite is also true, in the sense that younger individuals may be better able to receive and work with older people by working with this combination: to receive them in your heart, to hear their inner message, to love them at the soul level. With El Nath included, the inherent wisdom that would come forth would have a more immediate application in the mental realm. The ability to focus such energy, the capacity for the elderly to be better able to contend with disease, and more importantly, a reduction in tendency towards Alzheimer's disease, may arise through its use.

Combination 161 (Pink Diamond, Aldebaran, Comfrey, Betelgeuse, Gold, Lotus) -

Relax/ Nervine

This is a mixture recommended for all nervous system imbalances and dysfunction. It does appear to be helpful for many individuals in rebuilding and re-strengthening; but it is also quite helpful for the assimilation of fats and oils, and purging the body of such materials that may have been absorbed and are causing difficulty, which is always a by-product of disease of the nervous system. This is recommended for anyone that has a history of nervous system malfunction apparent within their biological family.

Combination 162 (Xi- 2 Sagittarius, Uranus, Neptune) - **Psychic Ability**

Individuals working with this Combination elixir are assisted in the ways in which they journey through spiritual experiences, releasing various blocks, enhancing psychic abilities, and achieving deeper spiritual awareness. This can be helpful to many that are recognizing in their own lives how these aspects of new psychic abilities coming into form quickly, can be used appropriately, allowing change into areas that were not previously expected, can be of great benefit.

Combination 163 (Center of Galaxy, Sirius, Alcyone, Aldebaran, M13, Xenon, and Helium)- **Evolving Human**

Xenon and helium are particularly helpful here at allowing energies for people to wake up and receive various messages. But as this energy from the center of the galaxy does need some additional translation, what will be helpful here are those stars that are particularly attuned to humanity's natural form of evolution in terms of its own present day society, such as Alcyone, Sirius, Aldebaran, and M13. These in their own ways have important reflections and benefits for people. In general this combination may be more easily assimilated by people than just the center of the galaxy elixir

Combination 164 (Green Rose, Silversword, Sea Lettuce, Cuprosklowdowskite, Kasolite, Autunite, Yttrotungstite, Strontianite, Smoky Quartz, Krypton, Cor Caroli, Tau Ceti) - **Radiation Miasm**

There can be much benefit in using the radioactive elements as a way of attuning one to the whole radiation miasm, clearing it, cleansing it, shifting it, and shifting ones relationship to this. People are being exposed to higher and higher levels of radiation in so many applications, even radiation in food; and so any way to clear and cleanse this certainly makes sense. More and more individuals are being affected negatively by excessive radiation, with the most common application and most difficult issue of this for most people is air travel. There may be value in this combination to be taken at the end of air travel, as the body then is able to cleanse and clear the effects of radiation. This radiation is the result of being high up in the atmosphere and not from the x-ray machines at the airport although they do contribute somewhat. With other exposures to radiation, this mixture would be a valuable adjunct, such as after a chest or dental x-ray, In addition, any of the flowers to assist with higher consciousness, for instance silversword or green rose, may be of some value with this combination because in the development of higher radioactive states, a natural attunement to higher consciousness is an important factor that can produce physical benefit in the human body. The higher consciousness aspect of this has to do with attuning to ones environment, to becoming one with various vibratory energies around one in such fashion that radiation does not harm and is not perceived as a threat. Thus these higher attunements, becoming one with the environment etc. are all enhanced and brought into a more conscious state with this combination.

